INSTRUCTIONS FOR YOUR STAY IN A SHELTER

If you plan to stay in a shelter you have to:

- Take food such as:
  - Juice and/or milk
  - Bread, biscuits
  - Energy bars, chocolate bars

- Equip yourself with useful materials such as:
  - Personal effects (toiletries: towel, soap, cream, change of clothing...)
  - Sheets or blankets
  - A first-aid kit
  - Flashlight and radio with batteries

- Think about bringing:
  - Your identity card
  - Your important documents
  - Your medication and the prescription in case of current medical treatment
  - Your health and/or vaccination card

- Provide the necessary if you have very young children:
  - Food (milk, feeding-bottle, food jars)
  - Comfort (plastic basin, cleansing products, tippers)
  - Medical (existing emergency treatment)

- If you have a heavy medical treatment or if you have important health problems, please contact your medical specialist or the hospital that will decide what to do in your case.

- When you leave your home:
  - Notify your neighbors, family and friends about your destination
  - Secure your home the best you can (cut off power, cooking gas and water supply, put your garden equipments inside the house...)

BE CAREFUL

In a shelter:
- The rules of life should always be practiced (citizenship, hygiene, cleanliness, conviviality, respect of others)
- Alcohol and tobacco are prohibited
- The use of fire, weapons or sharp objects should be avoided
- Containment rules are mandatory and applies to all
- A representative of the Collectivité is in charge of the Headquarter
- Police officers will be present for additional security and bell-being of everyone.